

CONTEMPORARY
NEUROLOGY
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Month	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Severity (1-3)																																
am/pm																																
Medicine																																
Menses																																
Trigger?																																

preventative: Topamax, Depakote, Gabapentin, Nortryptiline, Amitryptiline, Cymbalta, Effexor, Inderal, Calan, Magnesium, Butterbur, Botox

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notes:
